ADVANCE PHYSICAL THERAPY

CERTIFIED POSTURAL RESTORATION CENTER

PATIENT INFORMATION

First Name _____ MI _____ Last _____ Preferred Name _____

Date of Birth _____ Age _____ Gender _____ Pronouns_____

Mailing Address _____City_____State_____ Zip _____

Primary Phone _____ Alternate Phone _____

Email_____ How did you hear about APT? _____

Occupation _____ Marital Status _____ SS# _____

Emergency Contact _____ Phone _____ Relationship_____

Would you like to receive courtesy appointment reminders? ○ E-mail ○ Phone Call: _____ ○ Decline reminder

Primary Care Provider _____ Referring Provider (if different) _____

Next appointment with Primary Care or Referring Provider (if applicable) _____

Medical Diagnosis or Primary Concern _____

Approximate Date of Onset_____ Have you received Home Health services this year? ○ NO ○ YES

Is the pain or injury listed above related to a motor vehicle accident or an accident at work? ○ YES ○ NO

If yes, choose one: ○ MOTOR VEHICLE ACCIDENT ○ WORKPLACE ACCIDENT **Date of Accident**_____

DO YOU HAVE HEALTH INSURANCE? ○ YES ○ NO

Primary Insurance _____ Member ID #_____ Group #_____

Responsible Party Name _____ Date of Birth _____ SS# _____

Secondary Insurance _____ Member ID #_____ Group #_____

CONSENT FOR TREATMENT

I, the undersigned, give permission to the practitioner/s of Advance Physical Therapy, to administer evaluation and treatment necessary and advisable for my condition, including teletherapy. If patient is a minor, a parent or legal guardian must sign. **Consent must be signed before we begin treatment.**

_____ _____

Signature of Patient (or Legal Guardian) Date

CONSENT FOR USE AND DISCLOSURE OF PROTECTED HEALTH INFORMATION

I have read and fully understand Advance Physical Therapy's (APT) Notice of Information Practices. I understand that Advance Physical Therapy may use or disclose my PHI for the purposes of carrying out treatment, obtaining payment, evaluating the quality of services provided, and any administrative operations related to treatment or payment. I understand that I have the right to restrict how my PHI is used and disclosed for treatment, payment and administrative operations if I notify the practice. I also understand that APT will consider requests for restriction on a case-by-case basis, but does not have to agree to requests for restrictions. I hereby consent to the use and disclosure of my PHI for purposes as noted in APT's Notice of Patient Information practices. I understand that I retain the right to revoke this consent by notifying the practice in writing at any time.

_____ _____

Signature of Patient (or Legal Guardian) Date

FINANCIAL POLICY

This is an agreement between Advance Physical Therapy as creditor, and the patient/debtor named on this form. In this agreement the words 'you', 'your', and 'yours' mean the patient/debtor. The word 'account' means the account that has been established in your name to which charges are made and payments credited. The words 'we', 'us' and 'our' refer to Advance Physical Therapy.

By executing this agreement, you are agreeing to pay for all services that are received.

Payments: Unless other arrangements are approved in writing, the balance on your statement is due and payable when the statement is issued, and is past due if not paid by the end of the month.

Contracted Insurance: If we are contracted with your insurance company, we must follow our contract and their requirements. If you have a co-pay or deductible, you must pay that at the time of service. It is the insurance company that makes the final determination of your eligibility. If your insurance company requires a referral and/or preauthorization, you are responsible for obtaining it. Failure to obtain may result in a lower payment from the insurance company.

Non-contracted Insurance: Insurance is a contract between you and your insurance company. We are NOT a party to this contract, in most cases. We will bill your primary insurance as a courtesy to you. You agree to pay any portion of the charges not covered by insurance.

Past Due Accounts: If your account becomes past due, we will take necessary steps to collect this debt. Past due balances greater than 90 days old will be charged a late fee up to $15. If we have to refer collection of the balance to a lawyer, you agree to pay all lawyer's fees which we incur plus all court costs. In case of suit, you agree the venue shall be in Orange County, NC.

Credit History: We are members of the American Credit Bureau. You give us permission to answer questions about your credit experience with us. We have the option to report your account status to the credit bureau.

Waiver of Confidentiality: You understand if this account is submitted to an attorney if we have to litigate in court, or if your past due status is reported to the credit reporting agency, the fact that you received treatment at our office may become a matter of public record.

Workers Compensation: We require written approval/authorization by your employer and/or worker's compensation carrier. If your claim is denied, you will be responsible for payment in full.

Personal Injury: If you are being treated as part of a personal injury lawsuit or claim, we require verification from your attorney. In addition, we require that you allow us to bill your health insurance. In the absence of insurance, other financial arrangements may be discussed. Payment of the bill remains the patient's responsibility.

Effective date: Once you have signed this agreement, you agree to all of the terms and conditions contained herein and the agreement will be in full force and effect.

_____ _____

Signature of Patient (or Legal Guardian) Date

NON-COVERED SERVICES WAIVER

THIS DOES NOT APPLY FOR MEDICARE OR SELF-PAY

Your insurance company reserves the right to decide what services are medically necessary for you and which health related services they will cover. Services which are acceptable to your insurance company are labeled "covered benefits." Services which they will not cover are labeled as "non-covered services."

Advance Physical Therapy offers treatment options which may not be covered by your insurance company. For example, intensive therapy programs are offered to patients who travel long distances for specific techniques which are not available to them locally. The intent is to offset travel time with increased treatment time per day to minimize the need for frequent, long travel. Another example is treatments which address complex problems. Patient education, as well as training in new postures and movement patterns may require longer than usual sessions to most efficiently achieve desired results.

If your insurance company denies coverage of longer sessions, labeling them as "non-covered services" or "medically not necessary" you have the option to self-pay for these additional services, if you wish.

I acknowledge that I have been informed in advance of receiving services, that these services may not be covered by my health insurance plan. I have chosen to receive these services, and understand that I will be financially responsible for the services not covered by my health insurance plan, which will be billed at the rates listed below.

DISCOUNTED SELF-PAY RATE Initial evaluation hour: $200.00 Hourly rate: $150.00

○ Approve Non-Covered Services ○ Decline Non-Covered Services ○ Does Not Apply

_____ _____

Signature of Patient (or Legal Guardian) Date

ADVANCE PHYSICAL THERAPY
CERTIFIED POSTURAL RESTORATION CENTER
1709 Legion Road, Suite 100, Chapel Hill, NC 27514 phone 919.932.7266 fax 919.932.7250

CONSENT FOR EMAIL COMMUNICATIONS

I, the undersigned, give permission to the practitioner/s of Advance Physical Therapy, to communicate with me via email, including but not limited to, appointment reminders, account statements/invoices, and communication with PT's/staff. I understand that Advance Physical Therapy cannot guarantee the security of Protected Health Information (PHI) via email. Please indicate if you do not want to receive updates about special clinic events.

○ Yes, I give consent to use email for Office Communications. ☐ Use the same email listed

○ I do not give consent to use email for any purpose. ☐ I do not wish to receive updates about special clinic events.

Designated e-mail (if different) _____

_____ _____

Signature of Patient (or Legal Guardian) Date

SCHEDULING AND CANCELLATION POLICY

- When cancelling a scheduled appointment, we require patients to notify our office by phone **48 BUSINESS HOURS** prior to the scheduled appointment time. If you cancel an appointment within **48 BUSINESS HOURS** prior to the scheduled appointment time, an automatic LATE CANCELLATION FEE is applied to the patient account.
- The charge for a LATE CANCELLATION OR NO-SHOW FEE is **$40.00 per hour** of scheduled appointment time.
- There is NO charge for cancelling an appointment *due to illness* **prior** to the scheduled appointment time.
- We understand there are times when you must miss an appointment due to emergencies or illness. To ensure optimal patient care, upon 3 consecutive cancelled or no-show appointments, Advance Physical Therapy may discharge the current episode of care.

_____ _____

Signature of Patient (or Legal Guardian) Date

PERMISSION TO PHOTOGRAPH AND/OR VIDEO FOR CUSTOMIZATION OF PATIENT CARE

At Advance Physical Therapy, we make the effort to customize our patients' treatment program for their specific postures and movement patterns. The use of photo and video assessment during treatment greatly helps us evaluate these components.

Photographs and/or videos taken and/or recorded will **NOT** be used for any purpose other than patient treatment unless authorized by the signee via a *separate* photo and/or video release.

I , _____ , **Patient Name or Legal Guardian**, grant Advance Physical Therapy, LLC, its representatives and employees the right to take photographs and/or video recordings of me/patient for the purpose of customization of patient care and use as indicated by me above.

_____ _____

Signature of Patient (or Legal Guardian) Date

ADVANCE PHYSICAL THERAPY

ALLERGIES & CURRENT MEDICATIONS

ALLERGIES (choose one)

○ NO KNOWN ALLERGIES ○ MEDICATION ALLERGIES _____

☐ LATEX ALLERGY _____

CURRENT HEIGHT _____ ft. _____ in. **CURRENT WEIGHT** _____ lbs.

☐ I am not currently taking any prescription medications, supplements, or over-the-counter medications.

1. Medication _____
   Frequency _____
   Dosage _____ Route _____
2. Medication _____
   Frequency _____
   Dosage _____ Route _____
3. Medication _____
   Frequency _____
   Dosage _____ Route _____
4. Medication _____
   Frequency _____
   Dosage _____ Route _____
5. Medication _____
   Frequency _____
   Dosage _____ Route _____
6. Medication _____
   Frequency _____
   Dosage _____ Route _____
7. Medication _____
   Frequency _____
   Dosage _____ Route _____
8. Medication _____
   Frequency _____
   Dosage _____ Route _____
9. Medication _____
   Frequency _____
   Dosage _____ Route _____
10. Medication _____
    Frequency _____
    Dosage _____ Route _____
11. Medication _____
    Frequency _____
    Dosage _____ Route _____
12. Medication _____
    Frequency _____
    Dosage _____ Route _____

☐ Patient brought medication list

☐ Medication list received from referring provider

Patient Name _____ Date _____

MEDICAL HISTORY INTAKE FORM

Have you or an immediate family member ever been told you have any of the following:
(please check and indicate relation) i.e. "self", "mother", "brother", etc.

□ *Allergies*
□ *Angina or chest pain*
□ *Anxiety/Panic attacks*
□ *Arthritis*
□ *Asthma or other breathing problems*
□ *Cancer*
□ *Cirrhosis/Liver Disease*
□ *Depression*
□ *Diabetes*
□ *Eating Disorder (Anorexia, Bulimia)*
□ *Headaches*
□ *Heart Attack*
□ *Hemophilia or slow healing*
□ *High Blood Pressure*
□ *High Cholesterol*
□ *Kidney Disease/Stones*
□ *Multiple Sclerosis*
□ *Osteoporosis*
□ *Scoliosis*
□ *Stroke*
□ *Substance Use Disorder*
□ *Tuberculosis*
□ *Other (please describe)* _____

HAVE <u>YOU</u> EVER HAD *(please check any that apply)*

□ *Anemia*
□ *Blood in urine* □ *stool* □ *vomit* □ *mucous*
□ *Braces on your teeth* □ *tooth extractions*
□ *other significant dental work*
_____
□ *Changes in bowel function* □ *bladder function*
□ *Stress incontinence*
□ *COVID-19*
□ *Difficulty swallowing* □ *Difficulty speaking*
□ *Dizziness* □ *Fainting* □ *Blackouts*
□ *Epilepsy*
□ *Fever* □ *Chills* □ *Day sweats* □ *Night sweats*
□ *Fibromyalgia*
□ *Foot problems*
□ *GERD* □ *Ulcers*
□ *Gout*
□ *Head Injury*
□ *Heart palpitations*
□ *Hypothyroid*
□ *Hyperthyroid*
□ *Hypoglycemia*
□ *Injury from Vehicle Accident*
□ *Jaw pain* □ *Noise* □ *Teeth grinding*
□ *Joint Replacement*
□ *Memory loss* □ *Confusion*
□ *Nausea* □ *Vomiting* □ *Loss of appetite*
□ *Numbness* □ *Tingling*
□ *Parkinson's disease*
□ *Peripheral Vascular*
□ *Polio* □ *Post-Polio*
□ *Problems seeing* □ *Problems hearing*
□ *Rheumatic Fever*
□ *Skin rash* □ *Changes in skin*
□ *Sleep Apnea*
□ *Sudden weakness*
□ *Swelling or* □ *Lumps anywhere*
□ *Trauma* _____
□ *Throbbing sensation in belly or* □ *elsewhere*
□ *Trouble sleeping*
□ *Unusual fatigue or drowsiness*
□ *Surgeries/Implants*: _____
_____

FOR WOMEN (please check)
□ Endometriosis
□ Pelvic Inflammatory Disease

Are you pregnant? ○ **YES** ○ **NO**
# of pregnancies? _____
# of live births? _____

FOR MEN (please check)
□ Prostate Problems
□ Genital Pain / Problems

GENERAL HEALTH

1. I would rate my health as: ○ ***Excellent*** ○ ***Good*** ○ ***Fair*** ○ ***Poor***
2. Have you been sick in the last 3 weeks? ○ **NO** ○ **YES**, describe _____
3. List the areas in your body that trouble you _____
   _____
4. What treatments have you tried? _____
   _____
5. Is there anything else you would like to share? _____
6. How many alcoholic drinks do you consume per week? _____
7. How much caffeine do you consume daily (soda, coffee, tea, chocolate)? _____
8. Do you smoke or chew tobacco? ○ **NO** ○ **YES**, How much per day? _____ # of years? _____
9. I used to smoke/chew tobacco but quit. How much per day? _____ # of years? _____
10. Are you on any special diet? _____
11. Do you currently exercise? ○ **NO** ○ **YES**, how often? _____
    Types of exercise _____
12. How many falls have you had in the past year? _____
13. Describe problems with your balance or fear of falling? _____
    _____
14. What would you like to focus on now in PT? _____
    _____
15. Would you like your PT program to incorporate our fitness training program? _____
    _____

MEDICAL / SURGICAL HISTORY

1. Have you ever been treated with chemotherapy, or radiation therapy? ○ **NO** ○ **YES**, describe _____
   _____
2. Have you had any related X-rays, sonograms, CT scans, MRI, bone scans or other imaging tests recently?
   ○ **NO** ○ **YES**, Describe _____
   Where were images taken? _____
3. Have you had any lab work or other clinical tests recently? ○ **NO** ○ **YES**, Results _____
   _____

LIVING ENVIRONMENT

1. Please describe your physical work requirements/exposure to chemicals _____
   _____
2. Please describe any difficulty with these _____
3. Other members of your household? _____
4. Do you feel safe in your home? ○ **YES** ○ **NO**, _____